



NEWS RELEASE

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FOR IMMEDIATE RELEASE

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FREE TEA TASTING FESTIVAL NEXT MONTH

(OKLAHOMA CITY, Okla.)—[Mighty Leaf](#) invites Oklahoma City residents to attend its annual [Tea Tasting Festival](#) on Feb. 28 from 11 a.m. to 4 p.m. at the Sheraton Downtown Hotel.

The Tea Tasting Festival is an opportunity to learn more about tea's history and its health benefits. Mighty Leaf volunteers will have an exhibit for each type of tea to educate attendees about its unique properties. Vendors will have booths set up for attendees to taste teas for free and have products available for purchase. A traditional Japanese tea ceremony, featuring matcha tea, will be performed at 12:30 p.m. and 2:30 p.m.

[Jeremy Nguyen](#), a Mighty Leaf tea educator, enjoys seeing attendees try new things at the festival.

"There's a priceless look on someone's face when they try a new tea for the first time and love it," Nguyen said. "They get even happier when they learn their new favorite can also reduce stress and lower blood pressure."

Mighty Leaf has worked diligently to teach people about the health benefits of drinking tea since 2012. Mighty Leaf is headquartered in Oklahoma City, Oklahoma, and receives 2,000 visitors a year whom meet with tea educators. Additional tea education tools can be found at www.mightyleaf.com.

For more information about the Tea Tasting Festival or Mighty Leaf, please visit www.mightyleaf.com/teatastingfestival or email Kelly Ball, director of communications, at kball@mightyleaf.com.

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